

Willpower 2 Run Disclaimer

If you join the running club and take part in running sessions, it is entirely at your own risk. Willpower SRC will not be held responsible for any accidents, injury, or illness experienced as a result of participation.

- Willpower 2 Run exists purely to offer an opportunity for like-minded runners to exercise together in a group and nothing more.
- The club is operated and managed by William Dorman, who cannot accept any responsibility for any events that occur at the club.
- All attendees should consider the club as an informal gathering of people who will run together in a loosely structured format.
- Every person attending the club must take full and complete responsibility for their own actions. Know your limits.
- If you have any medical conditions that could affect you, it's your responsibility to make the club aware of these.
- If you feel dizzy, faint or unwell it's your responsibility to stop exercising and to notify other runners of this.
- It's your decision alone whether or not you are fit and able to run. If you are unsure consult your physician. We recommend that you can run at least 5 km comfortably.
- The person leading the session reserves the right to refuse to let you run with the group.
- The minimum age that we can accept is 18.
- Any matters of concern should be directed at Willpower SRC.
- Appropriate clothing and footwear for running must be worn. You should dress appropriately for the weather and for the lighting conditions.
- We recommend that you run with your mobile phone.
- During darker evening runs we recommend that you bring a hand held torch or wear a head torch together with reflective clothing.
- The club does not discriminate against any attendees, but we are unable to cater for any people with special requirements.
- Run leaders, volunteers and club members are happy to share experience and knowledge with the other members but this should in no way be considered professional advice.
- Each runner must accept full and complete liability for their actions.
- Dogs are not permitted on our runs.
- Runs may be cancelled for safety reasons in dangerous weather conditions or if the temperature falls below 0°C.
- Willpower SRC may use your photographs to share on social media. If you do not wish for this to happen please contact William Dorman.